

Creative Movement for Babies: SIZE - Big, Medium, Small

Fun and easy take-home ideas!

SONG! "Baby Bumblebee"

(rocking side to side)

I'm bringing home a baby bumblebee
Won't my grandma be so proud of me?

I'm bringing home a baby bumblebee
(tickle baby)

Oh-my-he tickled me!

(put baby on all fours or tummy)

I'm bringing home a baby kitty cat
Won't my grandpa be so proud of that?

I'm bringing home a baby kitty cat
(lift baby up high)

Oh-my-he thinks he's a hat!

(Baby on shins, bouncing)

I'm bringing home a baby dinosaur
Won't my parents be so proud for sure?

I'm bringing home a baby dinosaur
(Bring baby to 'fall' on your chest)

Oh-my-he fell through the floor!

SORTING!

Babies can begin to enjoy exploring shapes and sizes. Gather many objects and a basket to put them in. Let baby roll, pat, mouth, chew, bounce on and enjoy the objects as you talk about sizes. Older babies love to "throw" objects in a big basket!

OUT AND ABOUT: Next time you pass a dog park (or go to the zoo) see if you and baby can find the biggest and the smallest animals.

MUSICAL INSTRUMENTS: Make homemade musical instruments out of different sized objects: wooden spoons and big, medium and little pots make a great drum kit. Beans or rice in a plastic bottle are swell shakers. Play these instruments together, using **BIG** or **SMALL** movements.

TUMMY TIME! "Old MacDonald"

Place many stuffed animals in a pillowcase in front of baby. Pull the animals out one-by-one and sing "Old MacDonald" as you discover the different animals inside.

Old [*child's first and last name*] had a farm (ee-i-ee-i-oh)

And on this farm s/he had some _____ (ee-i-ee-i-oh)

With a _____ here, and a _____ there,

Here a _____, there a _____

Everywhere a _____.

Old [*child's first and last name*] had a farm (ee-i-ee-i-oh)

DEVELOPMENTAL TIDBIT: Babies are learning all the time. They are usually receptive to new stimulation and experiences. They need rest and relaxation too, to assimilate all the new things they're up to. A little bit of movement each day, such as rocking, swaying, turning and gently bouncing, especially on their stomachs, gives babies an opportunity to integrate their somatic and cerebral experiences. This body-mind integration early on lays a good foundation for more centered and focused learning later.